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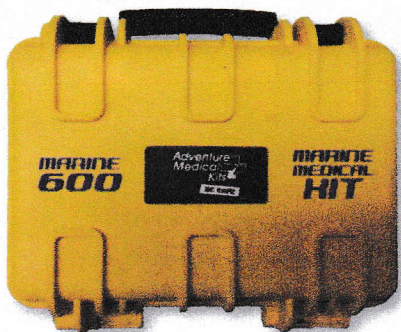
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Doc in a box

Adventure medical kit is sized right for smaller, inshore boats

By Michael Crowley

Some trips nothing seems to go right. The fish, lobsters, crab, whatever it is you are going after, have disappeared. The radar decided it's taking a holiday, and what the weather guy predicated to be a period of sunny, flat calm weather turned into an early winter blow.

Those are all things that are just part of the game once you leave the dock. You can set the gear in a different spot; the radar will get fixed; and it's not the first time you've been cold and wet. They aren't drivers of high anxiety, sending you steaming for the nearest port.

What can result in ditching the fishing and heading for home is when someone is injured: a broken or severely sprained arm or leg; a fall overboard; a hook through a finger; a long, ugly wound; stuff like that.

That kind of situation is almost bound to jack up the anxiety level when you don't have a way of treating the injury and making the person comfortable.

What you need is a supply of first-aid products and basic tools all contained in a durable, waterproof case that will withstand some banging around. That's what Adventure Medical Kits offers with its Marine 600 Medical Kit.

This seems a good fit for a small- to medium-size boat without too big a crew that's never more than 24 hours from a medical facility. Adventure Medical Kits has first-aid kits with more extensive supplies, but they are designed for larger crews and for boats operating farther away from professional medical assistance.

Another advantage of the Marine 600, the newest product in the company's line of medical kits, is that it floats and will keep the supplies inside dry. If the case is open and water gets inside,

The contents of the Marine 600 will treat numerous injuries.

waterproof bags keep their contents dry.

The case includes medications to treat pain, inflammation and common allergies.

Fractures, sprains and swelling can be managed with a flexible C-Splint, triangular bandage, elastic bandage and cold packs.

If someone goes overboard, the risk is not over once they're back on board: There's always the possibility of hypothermia. The Marine 600 contains a heat reflective blanket that reflects 90 percent of your body heat.

Very few fishermen are well versed in treating injuries, so the easy reference injury cards should come in handy, as will the Comprehensive Guide to Marine Medicine.

The Marine 600 Medical Kit measures 11.8" x 10.6" x 6.9" and is priced at \$200.

OceanMedix.com LLC

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